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## Application of Fluorescence spectroscopy in the field of cancer treatment

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### Abstract

In the present work we have investigated the use of fluorescence spectroscopy in the field of cancer treatment. The disease cancer is a curse to our human world. In most of the cases, the disease is diagnosed at the last stage where it is almost impossible to cure the patient. And sometimes the technique of chemotherapy and radiation does not suit down the patient. The technique of fluorescence spectroscopy has been applied for the diagnosis of multisystem cancer and it minimizes the need for repetitive biopsy. There are various techniques, in the field of fluorescence spectroscopy but here the process of optical imaging will be discussed. Optical imaging is a technology that measures light produced by biological or chemical moieties. This technique has been applied over animals in research and laboratories. The technique of optical imaging is safe as it is nonradiating and cheap. Our research would mainly focus on the techniques and fluorescent probes.

**Keywords:** Fluorescence, cancer, moieties, optical imaging

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### 1. Introduction

The process of optical imaging and spectroscopy is a highly diverse and active field in the field of radiation research. Here we are going to provide an overview of few basic principles and the techniques used in the field of radiation research. There are several potential applications of optical imaging and fluorescent spectroscopy to radiation therapy. Advantages of optical methods include their high specificity and sensitivity, with a wide range of functional endpoints possible. The process is also safe because it utilizes nonionizing radiation as it provides a relatively safe imaging modality. Although there are some limitations in its applicability of optical method which includes the relatively high scattering in tissue at optical and near infrared wavelengths. Moreover the negative side effects of normal tissue radiation can be potentially monitored by optical methods.

### 2. Principles of Optical Imaging

The information is obtained by measuring photons originating from a certain target in the process of optical imaging. Photons emit as a result of product of biochemical reaction or as an excitation of fluorescent molecules. The propagation of photons through tissue is determined by several optical parameters including absorption and scattering.

Absorption mainly takes place through biological tissue which absorbs photons collectively known as endogenous tissue chromophore. Haemoglobin, melanins are examples of such chromophore.

The process where photon is absorbed and reemitted at the same wavelength following interaction with different cellular structures like cell membranes, nuclei or mitochondria is known as elastic scattering.

### **3. Fluorescence imaging**

When an external light source of certain wavelength is used to excite a target fluorescent molecule, the fluorescent molecule during its excitation emits a photon of lower energy at higher wavelength. This phenomenon is called fluorescence imaging.

### **4. Auto fluorescence imaging**

The intrinsic fluorescence of endogenous fluorophores in cells and tissues which is activated by excitation of light of appropriate fluorescence is known as autofluorescence imaging. It originates from amino acids, structural proteins and fluorescent pigments.

This technique can be applied in imaging of cancer tissues. As malignant transformation leads to morphologic and biochemical alteration of the tissue, autofluorescence imaging highlights in optical properties through a shift in intrinsic fluorescence.

### **5. Active fluorescent probes**

This probe mainly consists of large tumour targeted molecules. According to various studies, the feasibility of the fluorescent probes to specifically target tumour lesions with signal to noise ratios.

Fluorescent labelling dyes and kits which are commercially available for labelling antibodies and small peptides. Fluorescent dyes can be conjugated to nonpeptide molecules. This probe consists of a fluorescent dye conjugated to a glucose molecule.

### **6. Activable fluorescent probes**

Actually these probes do not show any fluorescence activity in their native state. Their composition is mainly of covalently linked pair of fluorophores with similar optical characteristics in cell. Transmission of the excitation energy from 1st to 2nd fluorophore quenches the fluorescent signals by minimizing background signals.

A series of active fluorescent probes has been developed that are activated by proteolytic enzymes

Example :-cathepsins and matrix metalloproteinases play a major role in carcinogenesis and spreading of tumor

### **7. Optical Imaging techniques: Planar fluorescence imaging**

This technique can be applied in epi-illumination or trans illumination mode. In this method after getting the image, the recorded intensity of the photon emitted is converted into a 2d image.

In epi illumination mode photon originating from a source are captured from an entire animal by applying photographic techniques.

In trans illumination, mode the excitation light source is poisoned on the opposite side of the detector as it results in the excitation and emission light passed through the entire animal. Each measurement represents an average of the tissue volume through which light is passed. This mode contains more information and they are deeply associated with fluorphores.

### **8. Fluorescence molecular tomography**

The greek word "tomein" means dissection or cut and "graphein" means write which results in making a meaning of display plane series of steric object. The principle of operation mainly resembles that X-ray of computed tomography, in that tissue is illuminated at different points or projections and the collected light is used in combination with a mathematical formulation that describes propagation tissues.

### **9. Discussions**

The process of optical imaging and spectroscopy is a diverse field in the wide array of technologies and applications. The main advantage of these techniques is that it is able to elucidate the spatiotemporal dynamics of the therapeutic response. As technology develops we can expect that sensitivity, resolution and molecular specificity will continue to improve.

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